



मेरी उँगलियाँ मेरे हाथ

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पठन स्तर १



मेरी उंगलियाँ मेरे हाथ,
कर सकते हैं...
ठक-ठक,
चुटकी-चटक
और बजाएँ ताली!



मेरे हाथ, खींचें, धकेलें, उठाएँ
कागज, जूता, पैन, चम्मच
और बड़ी सी गाड़ी!



मेरे हाथ छू लें, बहुत मज़े से
नर्म आटा, गिलगिल साबुन,
खुरदुरा ब्रश, नुकीली पिन,
और बर्फ का ठंडा पानी!



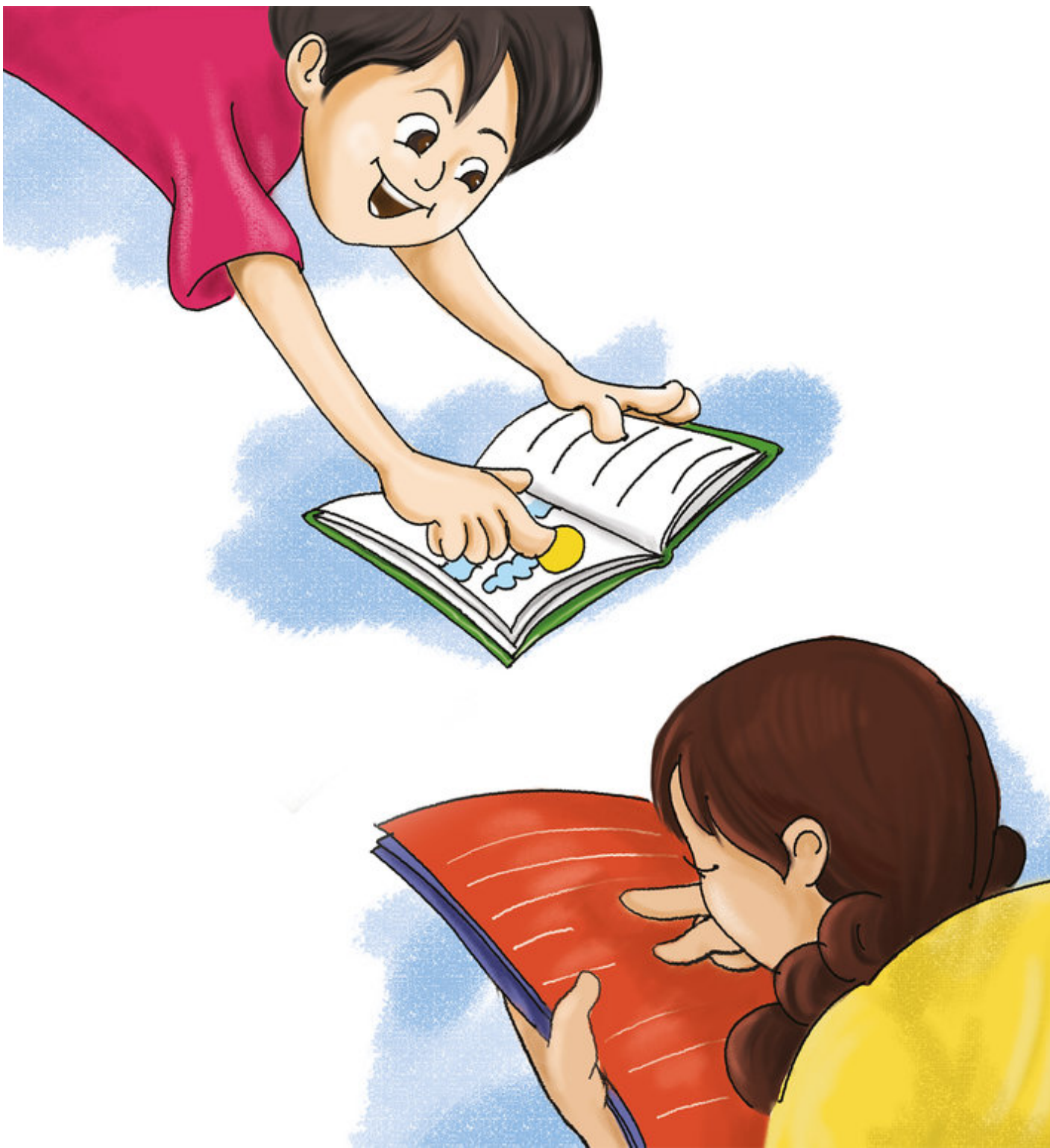
मेरे हाथ हैं बड़े मज़बूत...
उठाएँ भारी डिब्बा चाहे ऊँचाई
पर हो रखा!
मगर धत, कभी कभी हो जाए
उनसे
गड़बड़ कितनी सारी!
हाथों से फिसला
डिब्बा भारी।



नीचे गिर जाँँ...
कागज़, जूते, पैन, चम्मच,
आटा, साबुन, ब्रश, पिन,
और रंग-बिरंगी किताबें!
फैल गया सामान...अड़बड़-
खड़बड़!
कैसे होगा ठीक?



मगर वह देखो!
हाथों ने किया कमाल-कागज़
गोल,
पैन इकट्टे, आटा समेटा, चम्मच
टाँगी,
ब्रश रखे, पिन उठाए, और
किताबें?



मेरी उंगलियाँ, मेरे हाथ...
पलटें पन्ने, छुएँ किताबें,
देखें तस्वीर, आँखों के संग
पढ़ें कहानी
जब भी थक जाएँ
या जब भी हो...
थोड़ा सा समय खाली!

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मेरी उँगलियाँ मेरे हाथ

(Hindi)

आओ, हाथ मिलाएँ और काम करें।

This is a Level 1 book for children who are eager to begin reading.



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